

there are better ways to treat cancer.

I'm currently reading a remarkable book titled "Living Proof" by cancer survivor Michael Gearin-Tosh who was diagnosed with bone cancer more than ten years ago. He was told by several oncologists that his only chance of surviving even one or two years (at most) was to undergo an intensive round of chemotherapy. He refused, choosing instead a nutritional regimen, and he's alive today. In an upcoming e-Alert I'll have a full report of "Living Proof," a book that provides a ray of hope for anyone who is willing to wage a fight against cancer on the road less traveled.

FINALLY! RELIEF FOR JOINT-PAIN SUFFERERS

Raw bar favorite offers the most powerful joint-pain relief yet discovered! 97 percent effective - and more powerful than drugs -without the side effects.

Do you remember the last time you rolled out of bed without feeling stiff and sore? Can you imagine swinging a golf club, or spending the afternoon gardening...without paying for it with days of pain? Now you can!

Scientists in New Zealand discovered what could be the most powerful anti-inflammatory compound in the natural world. And, just recently, it's become available through very limited channels in the United States. It's time to restore the quality of life you once knew - for many painless years to come. Click below to find out more:

<http://www.agora-inc.com/reports/LYPR/W600D336/home.cfm>
(if you can't click here use the HTML links listed below)

..and another thing

Natural supplements can sometimes interfere with the efficacy of prescription drugs, and the opposite is also true, as we see in this question from an HSI member named Karen: "My husband's psychiatrist told him that Prozac affects the liver's ability to utilize herbal medicines such as saw palmetto. He had never heard this before and wasn't able to find anything on the web to corroborate this. Have there been any studies that would prove that statement?"

I asked HSI Panelist Allan Spreen, M.D., to help me field this one, and here's his response to Karen:

"I'm not familiar with this particular side effect of Prozac. However, bear in mind that Prozac works specifically by enzyme BLOCKING for increased serotonin levels, officially called '...inhibition of CNS neuronal uptake of serotonin' in Physicians' Desk Reference (2002, p.1238).

"Nutrient therapies work by promoting the body's ability to produce a desired end result, either by supplying more of the raw materials required, enhancing the enzymes that produce the desired reaction, etc. Drug therapies must block